

# Central Ave Gourmet Deli, Bagels & Bakery

514 Central Avenue Bethpage, NY 11714  
(516) 939-9393 Fax: (516) 939-9390

## Tuesday, January 16, 2018

1. **Southern Sausage & Biscuits:** Home baked biscuits smothered in a southern white cream pepper sauce w/sausage.....6.99
2. **Cajun Chicken:**Marinated chicken in spicy Cajuns served w/seasoned roasted sweet potato wedges & macaroni & Cheese7.99
- 3.**Marinated Steak:** Fire grilled steak served w/corn & peas & seasoned roasted sweet potato wedges.....8.99
- 4.**Stuffed Portobello Mushrooms:** stuffed w/fresh mozzarella & tomatoes drizzled in balsamic glaze served over rice.....6.99
5. **Nachos:** tortilla chips topped w/loads of cheese, choppe grilled chicken, bacon, sour cream, guacamole &chopped tomatoes599
6. **Soup & Sandwich:** Choice of small soup & Egg Salad on whole wheat toast .....8.99
7. **The Muffuletta:** Genoa Salami, Ham, Mozz, Provolone chopped green olives & Giardinera Vegetables on an artisan roll....8.29
8. **New York Style Cheese Cake:** Just like at Junior's.....2.99 per slice

### HOME MADE SOUP

**Italian Wedding\*Chicken Vegetable, Chicken Florentine, Noodle & Rice**

**LUNCH BOX SPECIAL:** Chicken Salad on a roll, ¼ lb Potato salad& a 20oz Iced tea, Green Tea, Unsweetened Iced Tea, Fountain soda or Lemonade.....8.99

**Healthy Choice:** Arugula & Shrimp Salad: Baby arugula & jumbo shrimp in a parmesan lemon olive oil dressing over greens.....7.99

**Atkins:** Protein Tuna on a bed of mixed greens, tomatoes & bread sticks.....7.99

**Low Cal:** Grilled chicken spinach pasta salad in a lite olive oil dressing & served over greens.....7.99

### PANINI SPECIALS

1. The Dog Wood: Cracked Peppermill Turkey, Hard Salami, Prosciutto, Swiss, Cherry Peppers & Red Sweet Peppers 8.29
2. Chicken Cutlet, melted Swiss, Bacon Lettuce & Tomatoes on a Panini w/BBQ Ranch dressing.....8.29
3. El Cubano: Grilled roast Pork, Grilled ham, sliced pickles, Swiss Cheese & Hot Cherry Peppers w/Mustard.....8.29
4. Virginia Ham, Sliced Apples, Cheddar Cheese, Lettuce Tomatoes, Bermuda Onions & mustard.....8.29

### SANDWICH SPECIALS

1. **Turkey French Dip:** Grilled turkey, melted fresh mozzarella, au jus,& sautéed onions on a toasted hero.....8.99
2. J-Bird: Chicken cutlet, melted American, Lettuce, Bacon, BBQ Sauce, Chipolte dressing &fried onion rings ona toasted hero89
3. **Buffalo Bill:** Chicken Cutlet, Bacon, Melted mozz, Hot sauce, Ranch dressing, Lettuce & onions on a toasted garlic hero ...8.29
4. Chicken Cutlet, Grilled Ham, Ricotta, Mozz, Little Marinara Sauce on a toasted garlic hero.....8.99
5. **THE VIRGINIAN:** Hot Virginia ham on a toasted hero w/fresh mozzarella & Bacon w/maple glaze gravy.....8.99

### GRILLED SPECIALS

1. **Texas Burger:** 6 oz burger topped w/muenster Cheese, Bacon & BBQ Sauce w/side of curly fries.....9.29
2. Jack Daniel's Quesadilla: Chopped Grilled Chicken, mozzarella, chopped bacon & jack daniels sauce.....8.29
- 3.**Smokey Mountain Burger:** 6 oz burger topped w/smoked gouda, grilled smoked turkey & grilled mushrooms w/side of fries
- 4.**Italian Quesadillas:** Fried eggplant, roasted red peppers, mozzarella &smidge of ricotta intortilla w/side of marinara sauc

### WRAP SPECIALS

1. Deconstructed Stuffed Pepper Wrap: Sautéed red & green peppers, rice, mozz& marinara sauce in sundried tom wrap
- 2.**The Nutty Albanian:**Grilled Chicken, romaine, toasted almonds, pumpkin seeds, cashews & sunflower seeds Broccoli, shredded mozz, sweet honey almond dressing in a wrap.....8.29
3. Grilled Chicken BLT w/shredded cheddar & mayo in a wrap of your choice.....8.29
- 4.The Gotti Wrap: Chicken cutlet, pepperoni, fresh mozzarella w/ roasted peppers & Oil & Vinegar w/let, tom in a wrap82.

### SALAD SPECIALS

1. Virginia Ham & Smoked Gouda chunks w/sliced apples, raisins over romaine w/side of honey almond dressing.....8.29
2. **South Western Cobb Salad:** Romaine topped w/Grilled Chicken, Black Beans, Corn, Egg, Cheddar, Chopped Bacon, Tomatoes & topped w/habanera tortilla strips w/NEW South Western Salsa Ranch dressing on the side.....8.29
3. Chicken Gyro Salad: Marinated grilled chicken, over romaine lettuce w/tom, Bermuda onions & topped w/gyro sauce.....8.29
4. **NEW:** Grilled Chicken over romaine w/Cinnamon Pecans, Crumbled FETA Cheese, Chopped Bacon w/Red Wine vinaigrette.....8.29
5. Tuscany Salad: Romaine topped w/grilled chicken, fresh mozzarella, roasted peppers, cucumbers, Bermuda onions, tom& bacon899
6. Power Protein: Avocadoes, Hard Boiled egg, Feta, Black olives, Garbanzo Beans, Grilled chicken chunks over romaine...8.29
- 7.Garlic parmesan Chicken Tenders over romaine w/shredded mozzarella, tomatoes, cucumbers, bacon.....8.29
8. Garden Vegetable Burger topped w/low fat cheddar served over a large Cesar Salad.....8.29

### **SUPERBOWL PACKAGES:**

**FREE 2 LITER SODA W/EVERY 50 WING PURCHASE.....**

**We are Cheaper than Zorns, Fireside Wild Willy's....but better quality!!**