

Central Ave Gourmet Deli, Bagels & Bakery

514 Central Avenue Bethpage, NY 11714
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Tuesday July 25 2017

1. **Veal Parmigiana:** Fresh veal cutlet, breaded & fried served over buttered parmesan orzo.....8.99
2. **Roasted Pork:** Oven roasted pork served w/Macaroni & Cheese & grilled vegetables.....7.99
3. **Burrito Zucchini Boats:** Hallowed out zucchini stuffed w/rice, cheddar, black beans, corn & Bermuda onions in a Zesty Salsa
4. **Central Chicken:** Batter dipped chicken in a white wine sauce w/broccoli served over parmesan orzo.....7.99
5. **Thanksgiving Day:** Fresh Roasted Turkey, Stuffing w/gravy, macaroni & cheese & cranberry sauce.....7.99
6. **Salad & Sandwich:** Choice of a Mini Salad (Tossed, Greek, Caesar or Spinach) & Roast Beef w/Cheddar on white w/mayo8.99
7. **Mini Taco Bowls:** mini corn tortilla fried crispy into a shell stuffed w/Jumbo Shrimp Salad & lettuce5.99
8. **Onion Petals:** Seasoned blooming Onion Petals fried golden brown & served w/side of Chipolte ranch.....4.99
9. **Kale Salad:** fresh baby kale, chopped tomatoes, Bermuda Onions & avocados in a lite olive oil dressing.....7.29

HOME MADE SOUP

Cream of Fresh Turkey*Chicken Vegetable, Florentine, Noodle or rice

LUNCH BOX SPECIAL: Chunky Chicken Salad on white toast ¼ lb of Kale Salad & 20oz Iced tea, Green Tea, Unsweetened Iced Tea, Fountain soda or Lemonade.....8.99

Healthy Choice: Grilled Chicken Bowtie Salad w/fresh spinach in a lite olive oil garlic dressing served over greens.....7.99

Low Cal: Grilled Vegetable Burger topped w/melted cheddar, sautéed mushrooms & onions served w/side of zucchini stix.....8.99

PANINI SPECIALS

1. Cold Roast Beef, Feta, Lettuce & tomatoes on a whole grain panini drizzled w/balsamic.....8.29
2. Salami & Fresh mozzarella w/roasted peppers, lettuce & tomatoes on a panini w/Italian Dressing.....8.29
3. El Cubano: Grilled roast Pork, Grilled ham, sliced pickles, Swiss Cheese & Hot Cherry Peppers w/Mustard.....8.29
4. Grilled chicken, guacamole, tomatoes, alpine lace, Bermuda onion, lettuce cucumber on a whole wheat panini8.29

SANDWICH SPECIALS

1. **Turkey French Dip:** Grilled turkey, melted fresh mozzarella, au jus,& sautéed onions on a toasted hero.....8.99
2. J-Bird: Chicken cutlet, melted American, Lettuce, Bacon, BBQ Sauce, Chipolte dressing &fried onion rings on a toasted hero8.99
3. **Buffalo Bill:** Chicken Cutlet, Bacon, Melted mozz, Hot sauce, Ranch dressing, Lettuce & onions on a toasted garlic hero ...8.29
4. Chicken Cutlet, Grilled Ham, Ricotta, Mozz, Little Marinara Sauce on a toasted garlic hero.....8.99
5. **THE VIRGINIAN:** Hot Virginia ham on a toasted hero w/fresh mozzarella & Bacon w/maple glaze gravy.....8.99

GRILLED SPECIALS

1. **Rueben Quesadillas:** grilled corned beef, melted Swiss, Cole Slaw & Russian.....8.29
2. **Pacific Burger:** Burger w/grilled peppers, Bermuda Onions, Avocados & tomatoes on Multi grain bun w/Bleu cheese onion dressing served w/side of waffle fries.....8.99
3. **The Korean Devil:**choppd grilled chicken, Cheddar, chopped bacon, shredded cabbage& Korean Kimchi Aioli quesadilla8.99
4. **Mississippi Bull Frog:** 8 Oz burger topped w/cheddar & bacon & Macaroni & Cheese served w/onion rings.....9.29
5. **Sweet Virginia Ham,** melted smoked gouda & chopped grilled pineapples & honey almond dressing in a grilled wrap8.2

WRAP SPECIALS

1. The Bob Marley:Boar'sHead Jerk turkey, Colby Jack ch, cherry peppers let,tom, horseradish on a habanera salsa wrap8.2
- 2.**The Nutty Albanian:**Grilled Chicken, romaine, toasted almonds, pumpkin seeds, cashews & sunflower seeds Broccoli, shredded mozz, sweet honey almond dressing in a wrap.....8.29
- 3.**TURKEY COBB WRAP:** turkey, chopped bacon, baby spinach, avocado, shredded cheddar, tomatoes, chopped hard boiled egg in a sundried tomato wrap w/French parmesan dressing.....8.29
- 4.The Gotti Wrap: Chicken cutlet, pepperoni, fresh mozzarella w/ roasted peppers & Oil & Vinegar w/let, tom in a wrap8.2.

SALAD SPECIALS

1. **Hawaiian Spinach Salad:** Fresh baby spinach, ham chunks, pineapple chunks, mushrooms, cucumbers, Tomato&Bermuda Onions8.2
2. **South Western Cobb Salad:** Romaine topped w/Grilled Chicken, Black Beans, Corn, Egg, Cheddar, Chopped Bacon, Tomatoes & topped w/habanera tortilla strips w/NEW South Western Salsa Ranch dressing on the side.....8.29
3. Chicken Gyro Salad: Marinated grilled chicken, over romaine lettuce w/tom, Bermuda onions & topped w/gyro sauce.....8.29
- 4.**La Rustica:**Virginia Ham, Smoked gouda roll ups over mesculan green w/chopped bacon, walnuts & Roasted Peppers8.29
- 5.Fresh mixed field greens topped with Sweet Virginia Ham Chunks, mandarin oranges, walnuts, cranberries, sliced apples, shredded cheddar cheese8.29
- 6.Power Protein: Avocados, Hard Boiled egg, Feta, Black olives, Garbanzo Beans, Grilled chicken chunks over romaine...8.29
- 7.Garlic parmesan Chicken Tenders over romaine w/shredded mozzarella, tomatoes, cucumbers, bacon.....8.29

Flavored Butters: Amazing Flavored Butter...Southwestern Chipolte Lime, Cinnamon Honey or Sriracha.....6.99 container

CATERING ORDERS IN EARLY AND DON'T FORGET WE HAVE TENTS, CHAIRS, TABLES, EVERYTHING YOU NEED. WE BRING IT, SET IT UP & TAKE IT DOWN