

# Central Ave Gourmet Deli, Bagels & Bakery

514 Central Avenue Bethpage, NY 11714  
(516) 939-9393 Fax: (516) 939-9390  
Tuesday, September 26 2017

## WE NOW CARRY GLUTEN FREE HAMBURGER BUNS & HEROS

1. **5 Cheese Chicken:** Batter dipped Chicken topped w/5 cheese in a lite lemon butter sauce served over rice.....7.99
2. **Zesty Macaroni & Cheese:** Our twist on Macaroni & cheese..it in a Spicy Zesty cheese sauce served w/side of garlic bread6.99
3. **Italian Stuffed Meatloaf:** home made meatloaf stuffed w/Italian meats in a marinara sauce served w/sideof Zesty mac & chee7
4. **Boneless BBQ Rib Sliders:** Boneless rib patty on 2 mini potato sliders w/side of macaroni & cheese.....7.99
5. **Lobster Salad Sliders:** lobster salad on a mini potato slider w/side of cucumber salad.....7.99
6. **Soup & Sandwich:** Choice of small soup & Grilled Ham & American on a roll w/mustard.....8.99
7. **Pretzel Nuggets:** .....just like from the stadium...w/side of Honey Mustard.....4.99
8. **Sandwich Highlight:** Spicy Rabbi: Grilled Pastrami & Corned Beef w/melted Pepper Jack cheese on a toasted garlic hero w/horse radish sauce.....8.29

### HOME MADE SOUP

**Creamy Asparagus w or w/out Smoked Gouda\* Cream of Chicken \*Chicken Vegetable, Florentine, Noodle & rice**

**LUNCH BOX SPECIAL:** Grilled Portobello mushroom w/melted mozzarella, tomatoes & balsamic on a roll ¼ lb Penn Dutch Potato Salad & a 20oz Iced tea, Green Tea, Unsweetened Iced Tea, Fountain soda or Lemonade.....8.99

**Healthy Choice:** Vegetable Burger topped w/Swiss, Lettuce, Tomatoes & Chipolte Dressing on a wheat roll w/side of zucchini sticks.....8.99

**Low Cal:** Colorado Salad: Bowtie Pasta, Grilled Chicken, Grilled Artichoke in a light Olive oil dressing served over greens.....7.99

### PANINI SPECIALS

1. The Dog Wood: Cracked Peppermill Turkey, Hard Salami, Prosciutto, Swiss, Cherry Peppers & Red Sweet Peppers 8.29
2. Grilled Virginia Ham Melted Swiss lettuce tomatoes, & Honey mustard.....8.29
3. Chicken Cutlet, melted Swiss, Bacon Lettuce & Tomatoes on a panini w/BBQ Ranch dressing.....8.29
4. El Cubano: Grilled roast Pork, Grilled ham, sliced pickles, Swiss Cheese & Hot Cherry Peppers w/Mustard.....8.29
5. Grilled chicken, guacamole, tomatoes, alpine lace, Bermuda onion, lettuce cucumber on a whole wheat panini .....8.29

### SANDWICH SPECIALS

1. **Turkey French Dip:** Grilled turkey, melted fresh mozzarella, au jus, & sautéed onions on a toasted hero.....8.99
2. J-Bird: Chicken cutlet, melted American, Lettuce, Bacon, BBQ Sauce, Chipolte dressing & fried onion rings on a toasted hero89
3. **Buffalo Bill:** Chicken Cutlet, Bacon, Melted mozz, Hot sauce, Ranch dressing, Lettuce & onions on a toasted garlic hero ...8.29
4. Chicken Cutlet, Grilled Ham, Ricotta, Mozz, Little Marinara Sauce on a toasted garlic hero.....8.99
6. **THE VIRGINIAN:** Hot Virginia ham on a toasted hero w/fresh mozzarella & Bacon w/maple glaze gravy.....8.99

### GRILLED SPECIALS

1. **Rueben Quesadillas:** grilled corned beef, melted Swiss, Cole Slaw & Russian.....8.29
2. Jack Daniel's Quesadilla: Chopped Grilled Chicken, mozzarella, chopped bacon & jack daniels sauce.....8.29
3. **The Korean Devil:** choppd grilled chicken, Cheddar, chopped bacon, shredded cabbage & Korean Kimchi Aioli quesadilla899
4. **Italian Quesadillas:** Fried eggplant, roasted red peppers, mozzarella & smidge of ricotta in tortilla w/side of marinara sauc
5. **Smokey Mountain Burger:** 6 oz burger topped w/smoked gouda, grilled smoked turkey & grilled mushrooms w/side of fries
6. **Sweet Virginia Ham,** melted smoked gouda & chopped grilled pineapples & honey almond dressing in a grilled wrap8.2

### WRAP SPECIALS

1. **The Barnacle:** Fried breaded Clam Strips, Shredded cabbage, Tomatoes, American cheese & Tartar sauce in a wrap.8.29
2. **The Nutty Albanian:** Grilled Chicken, romaine, toasted almonds, pumpkin seeds, cashews & sunflower seeds Broccoli, shredded mozz, sweet honey almond dressing in a wrap.....8.29
3. **TURKEY COBB WRAP:** turkey, chopped bacon, baby spinach, avocado, shredded cheddar, tomatoes, chopped hard boiled egg in a sundried tomato wrap w/French parmesan dressing.....8.29
4. The Gotti Wrap: Chicken cutlet, pepperoni, fresh mozzarella w/ roasted peppers & Oil & Vinegar w/let, tom in a wrap82.

### SALAD SPECIALS

1. **Hawaiian Spinach Salad:** Fresh baby spinach, ham chunks, pineapple chunks, mushrooms, cucumbers, Tomato & Bermuda Onions8.2
2. **South Western Cobb Salad:** Romaine topped w/Grilled Chicken, Black Beans, Corn, Egg, Cheddar, Chopped Bacon, Tomatoes & topped w/habanera tortilla strips w/NEW South Western Salsa Ranch dressing on the side.....8.29
3. Chicken Gyro Salad: Marinated grilled chicken, over romaine lettuce w/tom, Bermuda onions & topped w/gyro sauce.....8.29
4. **NEW:** Grilled Chicken over romaine w/Cinnamon Pecans, Crumbled Bleu Cheese, Chopped Bacon w/Red Wine vinaigrette.....8.29
5. Mesculan greens topped w/chopped bacon, chopped smoked gouda, green peppers & topped w/2 Over easy eggs.....8.29
6. Power Protein: Avocadoes, Hard Boiled egg, Feta, Black olives, Garbanzo Beans, Grilled chicken chunks over romaine...8.29
7. Garlic parmesan Chicken Tenders over romaine w/shredded mozzarella, tomatoes, cucumbers, bacon.....8.29
8. Central Avenue salad with mixed field greens, cranberries, tomato, cucumber, sliced beets, cheddar cheese, grilled chicken, and cajun ranch dressing.....8.29

**Flavored Butters:** Amazing Flavored Butter...Southwestern Chipolte Lime, Cinnamon Honey or Sriracha.....6.99 container

**PUMPKIN CREAM CHEESE IS BACK!!**